# THE BRAIN THAT CHANGES ITSELF BOOK



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#### The Brain that Changes Itself Norman Doidge MD

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## The Brain That Changes Itself Stories of Personal Triumph

The Brain That Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science [Norman Doidge] on Amazon.com. \*FREE\* shipping on qualifying offers. An astonishing new science called neuroplasticity is overthrowing the centuries-old notion that the human brain is immutable. In this revolutionary look at the brain

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## The Brain That Changes Itself by Norman Doidge

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## The Brain That Changes Itself Stories of Personal Triumph

When I saw this book initially I thought that I would have nothing but unequivocally good things to say about it. I am very fond of brain books and prefer to believe that the mind is plastic that it can change itself or re-wire itself

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### The Brain That Changes Itself Stories of Personal Triumph

A great book that gives you a thorough background into neuroplasticity. My only issue was that there was a lot of opinion thrown in there as fact, and both sides of the research was not always presented.

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#### the brain that changes itself TAISA

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The Brain That Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science is a book on

neuroplasticity by psychiatrist and psychoanalyst Norman Doidge. The New York Times gave a mostly positive review of the book.

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